

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: CNBA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: NAILI Karim

Coaches: CREPIN Rémi

Coaches: DOLYAN Georgy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:4, starttime: 08:46	
Heat: 4/5 Lane : 1 Athlete: MERCIER SOPHIE							Q-time: 04:39:85	
PB (50m pool): 04:39.85 Antwerpen 27/07/2025							PB (25m pool): 04:42.16 SB: 04:41.15 Charleroi 15/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.32	01:08.30	01:44.68	02:21.45	02:56.27	03:32.02	04:06.75	04:39.85
	00:32.32	00:35.98	00:36.38	00:36.77	00:34.82	00:35.75	00:34.73	00:33.10
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+							Heat:1, starttime: 08:57		
Heat: 1/12 Lane : 7 Athlete: VAN SLYCKE MAX							Q-time: 01:05:47		
PB (50m pool): 01:05.47 Lago Kortrijk Weide 03/05/2026							PB (25m pool): 01:14.18SB: 01:05.47 Lago Kortrijk Weide 03/05/2026		
	5 0 M		1 0 0 M						
PB	00:30.55		01:05.47						
	00:30.55		00:34.92						
									

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+							Heat:7, starttime: 09:06	
Heat: 7/12 Lane : 2 Athlete: CUNI ALVIERO							Q-time: 01:01:01	
PB (50m pool): 01:01.01 Antwerpen 27/07/2025							PB (25m pool): 01:02.61SB: 01:01.47 Antwerpen 17/05/2026	
	5 0 M	1 0 0 M						
PB	00:28.77	01:01.01						
	00:28.77	00:32.24						
								

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:6, starttime: 09:23	
Heat: 6/16 Lane : 4 Athlete: MERKOURAKI MICHELLE				Q-time: 00:34:14	
PB (50m pool): 00:34.14 Kortrijk 04/05/2025				PB (25m pool): 00:35.21 SB: 00:34.18 MOUSCRON 25/05/2026	
	5 0 M				
PB	00:34.14				
	00:34.14				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:9, starttime: 09:28	
Heat: 9/16 Lane : 6 Athlete: MERCIER SOPHIE				Q-time: 00:33:37	
PB (50m pool): 00:33.37 Antwerpen 27/07/2025				PB (25m pool): 00:33.16 SB: no time	
	5 0 M				
PB	00:33.37				
	00:33.37				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:10, starttime: 09:30	
Heat: 10/16 Lane : 6 Athlete: VANDEN BROECK JANA				Q-time: 00:33:14	
PB (50m pool): 00:33.14 Charleroi 15/02/2026				PB (25m pool): 00:32.84 SB: 00:33.14 Charleroi 15/02/2026	
	5 0 M				
PB	00:33.14				
	00:33.14				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:2, starttime: 10:44	
Heat: 2/10 Lane : 3 Athlete: TAZMI ILIAS					Q-time: 02:27:94	
PB (50m pool): 02:27.94 Charleroi 24/05/2026					PB (25m pool): 02:44.05 SB: 02:27.94 Charleroi 24/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:34.83	01:11.96	01:50.54	02:27.94		
	00:34.83	00:37.13	00:38.58	00:37.40		
						

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 15+					Heat:4, starttime: 10:51
Heat: 4/10 Lane : 1 Athlete: AROKIUM LUCA					Q-time: 02:25:49
PB (50m pool): 02:25.49 Antwerpen 27/07/2025			PB (25m pool): 02:29.82 SB: 02:30.21 Charleroi 15/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.51	01:10.37	01:49.06	02:25.49	
	00:33.51	00:36.86	00:38.69	00:36.43	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:6, starttime: 11:36
Heat: 6/12 Lane : 6 Athlete: MUFFKE JANTO					Q-time: 01:11:96
PB (50m pool): 01:11.96 Charleroi 15/02/2026			PB (25m pool): 01:15.27 SB: 01:11.96 Charleroi 15/02/2026		
	5 0 M	1 0 0 M			
PB	00:33.09	01:11.96			
	00:33.09	00:38.87			
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:8, starttime: 11:55
Heat: 8/13 Lane : 1 Athlete: HARTITI MAISSANE					Q-time: 00:28:27
PB (50m pool): 00:28.27 Antwerpen 27/07/2025			PB (25m pool): 00:27.62 SB: 00:28.40 Antwerpen 17/05/2026		
	5 0 M				
PB	00:28.27				
	00:28.27				
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:13, starttime: 12:00
Heat: 13/13 Lane : 1 Athlete: CAVADINI CAROLINE					Q-time: 00:27:44
PB (50m pool): 00:26.98 ANTWERPEN 23/04/2023			PB (25m pool): 00:26.55 SB: 00:27.97 Olympic Pool Wezenberg, Antwer 29		
	5 0 M				
PB	00:26.98				
	00:26.98				
					

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+										Heat:5, starttime: 12:05	
Heat: 5/15 Lane : 8 Athlete: CUNI ALVIERO										Q-time: 00:25:95	
PB (50m pool): 00:25.95 Antwerpen 27/07/2025										PB (25m pool): no time SB: 00:25.99 Charleroi 24/05/2026	
	5 0 M										
PB	00:25.95										
	00:25.95										
											

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:11, starttime: 12:11																				
Heat: 11/15 Lane : 6 Athlete: TOPBAG SAMI																				Q-time: 00:24:78										
PB (50m pool): 00:24.78 Charleroi 15/02/2026										PB (25m pool): 00:24.25 SB: 00:24.78 Charleroi 15/02/2026																				
	5 0 M																													
PB	00:24.78																													
	00:24.78																													
																														

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:14, starttime: 12:13	
Heat: 14/15 Lane : 1 Athlete: CONTENT ELIE										Q-time: 00:24:33	
PB (50m pool): 00:24.33 Antwerpen 17/05/2026										PB (25m pool): no time SB: 00:24.33 Antwerpen 17/05/2026	
	5 0 M										
PB	00:24.33										
	00:24.33										
											

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+						Heat:2, starttime: 12:21		
Heat: 2/5 Lane : 1 Athlete: TEAM CNBA 42						Q-time: 04:47:84		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: CNBA

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:5, starttime: 12:37	
Heat: 5/5 Lane : 8 Athlete: TEAM CNBA 41							Q-time: 04:14:94	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: